



A.I. Formula®

INTRODUCED 1992

What Is It?

A.I. Formula® is a broad spectrum, synergistic combination of concentrated extracts which inhibit the discharge of histamine from activated mast cells or basophils and maintain healthy leukotriene and thromboxane production.*

Uses For A.I. Formula®

- A.I. Formula® offers a safe and natural way to regulate histamine production and other immune modulators, thus moderating the inflammatory response at the cellular level.*
- Quercetin inhibits the synthesis of enzymes necessary for the release and degranulation of histamine.*
- Bromelain inhibits the production of kinins and fibrin, compounds that promote the inflammatory process.*
- *Curcuma longa*, or turmeric, maintains healthy histamine release and immune cell response.*
- Ginger moderates leukotriene and thromboxane synthesis, important mechanisms for cellular and tissue support.*

What Is The Source?

This formula contains: bromelain (2400 gdu/gram), a proteolytic enzyme from the stem of the pineapple plant; *Curcuma longa* (turmeric) extract (root) standardized to contain 95% curcuminoids; quercetin from Japanese pagoda tree (*Sophora Japonica*) flower buds; ginger extract (*Zingiber officinale*) (root) (standardized to contain 5% gingerols); vitamin C (ascorbyl palmitate) derived from corn dextrose fermentation.

Recommendations

Pure Encapsulations recommends 2-6 capsules per day, in divided doses, between meals.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. A.I. Formula® contains *Curcuma longa*, which is not recommended for individuals with gallstones.

Are There Any Potential Drug Interactions?

A.I. Formula® contains bromelain and ginger, which should not be taken with blood thinning medications due to potential or theoretical interactions.

A.I. Formula®

each vegetable capsule contains  00

quercetin	175 mg
turmeric (<i>Curcuma longa</i>) extract (root)	150 mg
(standardized to contain 95% curcuminoids)	
bromelain (2,400 gdu/gram).....	200 mg
ginger (<i>Zingiber officinale</i>) extract (root)	100 mg
(standardized to contain 5% gingerols)	
ascorbyl palmitate (fat-soluble vitamin C)	14 mg
2-6 capsules per day, in divided doses, between meals.	

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.

